



St. Paul ESS Behavior Contract Grades 3–8

While the supervisors at ESS understand that attending ESS may not always be your choice, it is nonetheless, a privilege. Below is a list of general behavioral expectations that must be followed.

Your intention may be to behave as the best version of yourself, but you may sometimes forget and slip.

- When this occurs, you will be asked to **RESET**. This is an opportunity to check yourself back into the best version of yourself:
 - Stop
 - Rest hands on lap
 - Take a few breaths
 - You may want to move from the people around you to a quieter spot which enables you to regroup
- If, however, you are unable to **RESET** yourself back into a positive, respectful member of ESS you will be given a consequence (a **Strike**).
 - Each Strike will involve parent contact as well as an additional repercussion.
 - Subsequent Strikes mean further consequences.
 - If a Strike is followed by five sessions of ESS without incident, the Strike is nullified.
- Each time you return from a Strike you will be welcomed back as the best version of yourself with the opportunity to move forward without issue.

AS AN ESS PARTICIPANT, I WILL:

- remember that I am a role model for the younger students and demonstrate mature responses, behaviors, and attitudes.
- listen respectfully to any adult who speaks to me.
- respond to requests the first time.
- be polite.
- not talk back or show any non-verbal signs of disrespect.
- sit at assigned tables every day.
- honor the rules about cell phones and other electronic equipment. Electronics, except cell phones, will be allowed the first half day Friday of each month. I am responsible for any damage or loss of my electronic equipment.
- not talk during quiet study hall and will be working on academic content only. (One RESET opportunity and then removal from study hall for the day.)
- not talk when adults are speaking to the large group.
- handle RESETS and consequences with self-control and maturity.

**** I understand that if I am unable to RESET myself appropriately, I will be given a Strike. ****

STRIKE 1 = Time Out (AM or PM that day). Tasks may be required of me (writing, community service, reading, etc.). Parent notified.

STRIKE 2 = Time out near a staff member (AM or PM that day). Tasks may be required of me (writing, community service, reading, etc.). Parent notified.

STRIKE 3 = Removal from the room to an isolated space for the remainder of the ESS time that session (AM or PM that day). Tasks may be required of me (writing, community service, reading, etc.).

Following a third Strike:

- For the first subsequent offense, I will be suspended from ESS for one day.
- For the second offense, I will be suspended from ESS for three days.
- For the third offense, I will be suspended from ESS for one week and a mandatory meeting with ESS staff, the principal, and parents/guardians must take place before I can return.

NOTE: *If a Strike is followed by five sessions of ESS without incident, the Strike is nullified.*

I have read and understand the above behavior expectations and consequences.

Student's Signature

Student's Name (print)

Date

Grade

I have reviewed this with my child.

Signature of Parent or Guardian

Printed Name

Date